

**LVUB Baseball and Softball
2021 COVID-19 Guidelines and Considerations
Parent/Guardian Acknowledgement and Understanding**

Parents and Guardians,

LVUB is asking for your cooperation with the following disease risk mitigation measures, as they are essential to minimizing COVID exposures for our children. It is MANDATORY that one parent or legal guardian for each child read, understand, and sign this COVID-19 Acknowledgement Form. Should you or your family choose not to sign, your child will not be allowed to participate in the 2021 Spring LVUB Baseball or Softball programs.

Should you have any questions regarding this form, please feel free to contact Patrick Tarlton at (512) 217-0456 or via email at patrick@sarteryx.com.

Center for Disease Control (CDC) Youth Sports Consideration

LVUB will work diligently to follow the full guidelines and considerations for Youth Sports activities. For a full list of CDC guidance documents and considerations for conducting youth sports, please visit the CDC's website:

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

LVUB Baseball and Softball will be utilizing these guidelines in our decision making throughout the 2021 season.

Assessing Risk

The way sports are played, and the way equipment is shared, can influence the spread of COVID-19 among players. As we assess the risk of spread in our league, please consider:

- **Amount of necessary touching of shared equipment and gear (e.g., protective gear, balls, bats, racquets, mats, or water bottles).** The virus is thought to spread mainly from person to person, but it is also possible that a person can get COVID-19 by touching a surface or object that has the virus on it, and then touching their own mouth, nose, or eyes. Minimize equipment sharing, and clean and disinfect shared equipment between use by different people to reduce the risk of COVID-19 spread.
- **Ability to engage in physical distancing while not actively engaged in play (e.g., during practice, on the sideline, or in the dugout).** During times when players are not actively participating in practice or competition, attention should be given to maintaining physical distancing by increasing space between players on the sideline, dugout, or bench. Additionally, coaches can encourage athletes to use downtime for individual skill-building work or cardiovascular conditioning, rather than staying clustered together.
- **Age of the player.** Older players might be better able to follow directions for physical distancing and take other protective actions like not sharing water bottles. If feasible, a coach, parent, or other caregiver can assist with making sure that athletes maintain proper physical distancing. For younger athletes, we ask that parents or guardians help to monitor their children and make sure that they follow physical distancing and take other protective actions.

Promoting Behaviors that Reduce Spread

LVUB Baseball and Softball will be implementing several strategies to encourage behaviors that reduce the spread of COVID-19.

- **Staying Home when Appropriate**
 - We ask that coaches, players, or parents stay home if they have tested positive for COVID-19, are showing COVID-19 symptoms, or if they have had a close contact with a person who has tested positive for or who has symptoms of COVID-19.
- **Masks**
 - LVUB will request consistent and correct use of masks, by making sure that coaches, athletes, and spectators are covering their noses and mouths where appropriate.
 - Masks must be worn at all times while in the dugout by players, coaches, and parents.
- **Hand Hygiene and Respiratory Etiquette**
 - We encourage athletes and coaches to wash hands often with soap and water for at least 20 seconds.
 - If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used.
 - No spitting will be allowed, and we encourage everyone to cover their mouth and nose with a tissue when coughing and sneezing. Used tissues should be thrown in the trash and hands washed immediately with soap and water for at least 20 seconds.
 - We encourage athletes, coaches, and spectators to avoid singing, chanting, or shouting, especially indoors.
- **Cleaning and Disinfection**
 - LVUB will clean and disinfect frequently touched surfaces on the field, court, or play surfaces between uses as much as possible.
 - LVUB will clean and disinfect shared objects and equipment between uses.
 - LVUB may consider closing areas such as drinking fountains that cannot be adequately cleaned and disinfected during games.
 - LVUB will develop a schedule for increasing routine cleaning and disinfection.
- **Shared Objects**
 - LVUB discourages people from sharing items that are difficult to clean, sanitize, or disinfect. We recommend players bring their own equipment such as bats, helmets, water bottles, etc. Do not let players share towels, clothing, or other items they use to wipe their faces or hands.
 - LVUB will strive to provide adequate supplies of shared items to minimize sharing of equipment to the extent possible; otherwise, limit use of supplies and equipment to one group of players at a time and clean and disinfect between use.
 - Keep each player's belongings separated from others' and in individually labeled containers, bags, or areas.
 - Some concession items may be limited – We will work to have pre-packaged boxes or bags for each attendee when purchasing food from the concession stand.
 - We ask that everyone avoid sharing food and utensils and be sure to have players sit at least 6 feet apart from one another when not in the dugout.
 - We will offer hand sanitizer or encourage handwashing and disinfecting.

Maintaining Healthy Operations

LVUB will consider implementing several strategies to maintain healthy operations.

- LVUB will stagger practice times and consider increasing the amount of time between practices and games to allow for one group to leave before another group enters the facility. We will allow time for cleaning and disinfecting between use.
- LVUB will limit the number of players sitting in confined player seating areas (e.g., dugouts) by allowing players to spread out into spectator areas if more space is available – as long as safety of the players is not compromised.

What Happens if Someone Tests Positive?

Lago Vista United Baseball and Softball (LVUBS) Covid-19 Positive Protocol

Any board member, coach, umpire, family member or player who has been in direct contact with a person who has COVID-19, will not be allowed to return to LVUBS activities, LVUBS facilities and/or LVUBS practices until 10 days have passed since their last exposure to that person. However, anyone who has had close contact with someone with COVID-19 and who:

- 1) has received both doses of a registered COVID-19 vaccine; or
- 2) has received a negative COVID-19 test following 5-7 days after exposure; or
- 3) developed COVID-19 illness within the previous 3 months, and has recovered and received a negative COVID-19 test, and remains without COVID-19 symptoms (for example, cough, shortness of breath);

is exempted from these requirements. (See CDC guidelines: (see CDC Guidelines below: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>).

If a board member, coach, umpire, family member or player tests positive for COVID19, they are encouraged to self-report the results to an LVUBS Director as immediate as possible. LVUBS will notify applicable county and/or city health officials for further guidance on how to proceed, including at minimum (unless otherwise directed by county and/or city health officials):

- a. Notify LVUBS members and families of the positive case while maintaining confidentiality in accordance with applicable laws and regulations; and
- b. Require the person to stay away from all LVUBS activities, LVUBS facilities, other LVUBS team members, and/or off-site LVUBS practices until 10 days have passed since symptoms first appeared or until after 10 days have passed since you had a positive viral test for COVID19, and goes 24 hours with no fever without the use of fever-reducing medications, and other symptoms are improving – with the exception of loss of taste or smell which may persist for weeks or months after recovery; or if your healthcare provider recommends additional testing. LVUBS will need a negative COVID 19 test result for that person to resume LVUBS activities and be allowed back on LVUBS facilities. (see CDC <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>).

Lago Vista United Baseball and Softball (LVUBS) reserve the right to suspend any team or league activities based on the spread or potential spread of COVID-19.

Signature of Acknowledgement

I have read and understand all guidelines included in the links and document above. I agree to act in accordance with the CDC and LVUB guidelines and recommendations above.

Player Name(s): _____

Parent/Guardian Printed Name: _____

Parent or Guardian Signature: _____

Date: _____